This Machine Can Save Your Life!

Dispenses your medications on-time, every time.

Is CST MMS right for you? Find out!

Do you:
- Take more than 3 medications per day?
- Take some pills once per day, some twice per day or more—and have to remember which is which?
- Have trouble recognizing pills or managing prescriptions?
- Have trouble opening the medication containers?
- Have problems understanding your doctor and/or pharmacist and need assistance with your medications?
- Sometimes take less medication than prescribed because of financial concerns?
- Keep your medications in different places around the house, or find pills that were missed or dropped?
- Understand all the purposes, effects, instructions and dosages for your medications?
- Find it hard to remember how or why you are taking some medications?

If you checked more than one of these questions, it’s time to consider CST MMS.

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NCCS LifeLink

Call 231-924-0641, ext. 136 for more information.
CST's products and services help support independence, prevent premature institutionalization, relieve isolation and improve quality of life.

- **CST’s** Personal Emergency Response Systems (PERS) include 2-Way ClearVoice technology for instant conversation with our Care Center whenever needed. Our PERS systems can be programmed for pendant alerts, fall detection, security monitoring, environmental monitoring and many customized services to meet your patient’s needs.

- **CST’s** Medication Management Systems (MMS) organize and dispense medications on time, every time, and alert the patient and Care Center when a dose is missed.

- **CST’s** Vital Signs Gateway (VSG) TeleHealth services help Clinicians and patients monitor and manage illness from the comfort of home.

### CST MMS

**Medication Management**

**Taking Medication On-Time Has Never Been Easier!**

- Ensures Proper Medication Dosing Every Time
- Prevents Missed Doses
- Provides Reassurance and Well-being
- Reduces Stress and Worry for Caregivers

**CST Care Center**

Even the best technology is only as good as the people who monitor it. Every CST Care Center Representative is CST-certified with extensive training in care service and emergency response. With the press of a button or signal from a CST unit, our Care Center Representatives are instantly in touch with the patient, and have immediate access to personalized client files with instructions for family or caregiver contact and appropriate emergency response.

CST’s exclusive 2-Way ClearVoice technology provides crystal clear communication between the patient and Care Center even at longer distances or when the patient’s speech may be compromised. This is more than just convenience – clear communication can save lives.

CST’s Care Centers provide multi-lingual communication, fully redundant back-up systems and the most innovative technology in the industry. Combined with our exceptional staff and ClearVoice technology, CST Care Centers provide the most complete and reliable support services 24 hours a day, 7 days a week.

**CST Care Center – Going above and beyond is standard practice!**

### Makes Taking Multiple Medications Safe and Convenient!

One of the top reasons patients are re-admitted to the hospital is due to missed medication doses or taking the wrong dose. While there are many reasons patients do not take their medication as prescribed, the most frequent answer is: “I simply forgot.”

The CST Medication Management System, or MMS, automatically triggers a reminder signal each time you are scheduled to take a dose.

Convenient, cost-effective and easy-to-use, the MMS makes sure your medication is dispensed on-time and in the right amount.

**HERE’S HOW IT WORKS**

- We work with you and/or your caregivers to set up your medication dosage schedule.
- At the scheduled times, the medication dispenser distributes single or multiple medications up to four times a day from the locked container.
- The tray then automatically rotates clockwise and triggers the reminder signal.
- Opening the container door silences the signal for that dose and resets the unit for the next dose.
- Most importantly, MMS will contact our Care Center when medication doses are skipped, so appropriate follow-up can be made with you and your caregivers.
- Regulates 28 consecutive doses based on your schedule and needs.
- 72 hour battery back-up.

### About CST

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### Regulates 28 Consecutive Doses

<table>
<thead>
<tr>
<th>Doses/Day</th>
<th>Refill the Unit Every...</th>
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<tbody>
<tr>
<td>1 dose/day</td>
<td>28 days</td>
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<tr>
<td>2 doses/day</td>
<td>14 days</td>
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<tr>
<td>3 doses/day</td>
<td>9 days</td>
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<tr>
<td>4 doses/day</td>
<td>7 days</td>
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CST is Always-On: All CST products are equipped with back-up power and supervisory features. CST’s primary and back-up Care Centers are fortified with state-of-the-art monitoring technology and exclusive 2-Way ClearVoice Technology designed to efficiently manage unique power, connectivity and capacity challenges.