

The top 12 items needed by those who regularly use the TrueNorth Food Pantry

- 1. Canned Tuna or Chicken**
- 2. Peanut Butter**
- 3. Spaghetti Sauce**
- 4. Cereal**
- 5. Crackers**
- 6. Canned Fruit**
- 7. Canned Beans (Protein Type)**
- 8. Pancake Mix & Syrup**
- 9. Pasta/Rice**
- 10. Soup**
- 11. Canned Vegetables**
- 12. Macaroni and Cheese**



Please add these top 12 most-needed items to your weekly shopping list and donate the items to the TrueNorth Food Pantry—thank you!